

SOUTH WEST VETS AC**Track & Field Championships - Exeter 21 June 2009****100m - SM**

Geoffrey	Hill	Exeter Harriers	12.00
----------	------	-----------------	-------

100m - M35

Steve	Ladd	Yeovil Olympiads	11.80	CR
-------	------	------------------	-------	-----------

100m - M40

Ian	Allen	Exeter Harriers	12.00
Richard	Cooper	Lytchett Manor Striders	12.90

100m - M45

Neil	Tunstall	Serpentine RC	12.60
Chris	Evernden	Poole Runners	13.50
Mufeed	Ni'man	Bournemouth AC	13.80

100m - M50

Roderick	Davies	Team Southampton	13.20
Duncan	Steward	Yeovil Olympiads	13.60
David	Barlow	Yeovil Olympiads	14.50

100m - M55

Ray	Watkins	Basingstoke & Mid Hants AC	12.80
Mario	Lapka	Exeter Harriers	13.10
Eddie	Costley	GIAAC	13.60
Mike	Applegate	City of Salisbury R & AC	13.70

100m - M65

Phil	Rees	Cardiff AAC	18.00
------	------	-------------	-------

100m - M70

David	Whitton	SWVAC	17.10
Dennis	Thorpe	SWVAC	19.40

100m - M75

Peter	Morris	SWVAC	18.00
-------	--------	-------	-------

100m - SW

Leah	Paulley	Newquay and Par	13.00
------	---------	-----------------	-------

100m - W35

Tamzin	Gribble	City of Plymouth AC	13.50
Clare	Frank	Exeter Harriers	15.40
Georgina	Martin	North Devon AC	14.20

100m - W55

Anne	Darby	Newton Abbot AC	16.70
------	-------	-----------------	-------

100m - W60

Rosemary	Hutton	Wimborne AC	17.90
Daphne	Marler	WSEH AC	21.90

100m - W65	Mary	Axtell	Team Southampton	16.50
200m - M40	Richard	Cooper	Lytchett Manor Striders	26.20
200m - M45	Paul	Guest	Yeovil Olympiads	25.80
	David	Richardson	Yeovil Olympiads	26.70
	Chris	Evernden	Poole Runners	26.90
	Mufeed	Ni'man	Bournemouth AC	28.70
200m - M50	Roderick	Davies	Team Southampton	25.90
	Clive	Pengelly	Newquay & Par AC	26.90
	David	Barlow	Yeovil Olympiads	27.80
200m - M55	Ray	Watkins	Basingstoke & Mid Hants AC	26.00
	Eddie	Costley	GIAAC	27.00
	Mike	Applegate	City of Salisbury R & AC	28.00
200m - M65	Pete	Clarke	Weymouth St Pauls H & AC	36.00
200m - M70	Dennis	Thorpe	SWVAC	42.10
200m - SW	Leah	Paulley	Newquay and Par	26.00
200m - W35	090 Tamzin	Gribble	City of Plymouth AC	28.00
200m - W40	077 Georgina	Martin	North Devon AC	29.10
200m - W65	43 Mary	Axtell	Team Southampton	35.50
400m - M40	Robert	Murkin	Sutton & District AC	69.5
400m - M45	Neil	Tunstall	Serpentine RC	55.5
	Malcolm	Cowton	Yate & Dist AC	58.4
	Simon	Anderson	City of Plymouth AC	58.9
	David	Richardson	Yeovil Olympiads	62.7
400m - M50	David	Barlow	Yeovil Olympiads	61.2
	Tim	Theobald	Teignbridge Trotters	72.0

400m – M55	Eddie	Costley	GIAAC	62.9	
400m – M65	Lyndsey	Fairbrother	Exeter Harriers	66.5	
	David	Carney	Bromsgrove & Redditch AC	84.3	
	Dennis	Thorpe	SWVAC	97.2	
400m – W40	Georgina	Martin	North Devon AC	65.5	
800m – SM	Gareth	Massey	Newquay and Par	02:03.7	
800m – M35	Simon	Wiltshire	City of Salisbury R & AC	02:16.1	
800m – M40	Rick	Dukes	Wells City Harriers	02:12.3	
800m – M45	Simon	Anderson	City of Plymouth AC	02:03.1	CR
	Malcolm	Cowton	Yate & Dist AC	02:18.4	
	David	Richardson	Yeovil Olympiads	02:24.8	
800m – M50	David	Barlow	Yeovil Olympiads	02:18.8	
	Jeremy	Hogan	Bristol & West AC	02:22.6	
800m – M55	Ian	Snow	Torrington AC	02:30.4	
800m – M60	Bob	Chapman	Royal Navy AC	02:39.2	
	Roger	Lock	Cornwall AC	02:48.4	
800m – M65	040	Pete	Clarke	Weymouth St Pauls H & AC	03:19.7
800m – M70	John	Perratt	Exmouth Harriers	03:02.4	
	David	Carney	Bromsgrove & Redditch AC	03:13.3	
	Eric	Barber	Torbay AAC	03:33.1	
800m – Senior W	Suzanne	Harding	Bristol & West AC	02:33.0	
800m – W50	Margaret	Thompson	Devizes RC	03:18.2	
800m – W55	Jackie	Walpole	Exeter Harriers	02:30.5	CR
	Fiona	Argent	Windsor SE&H AC	03:13.0	

800m – W60	Pat	Gallagher	Yate & Dist AC	02:54.7	CR
1500m – M35	Simon	Wiltshire	City of Salisbury R & AC	04:44.0	
1500m – M40	Peter	Stockman	Exeter Harriers	04:27.4	
1500m – M45	Simon	Anderson	City of Plymouth AC	04:23.5	
1500m – M50	Jeremy	Hogan	Bristol & West AC	04:47.5	
	David	Barlow	Yeovil Olympiads	05:22.9	
1500m – M55					
105	Kieran	Dore	Newton Abbot AC	05:12.3	
025	Ian	Snow	Torrington AC	05:18.8	
108	Tim	Theobald	Teignbridge Trotters	05:47.1	
1500m – M60	Bob	Chapman	Royal Navy AC	05:16.9	
1500m – M70	John	Perratt	Exmouth Harriers	06:14.0	
	Eric	Barber	Torbay AAC	07:27.9	
1500m – Senior W	Suzanne	Harding	Bristol & West AC	05:34.4	
1500m – W50	Margaret	Thompson	Devizes RC	06:23.4	
1500m – W55	Anne	Darby	Newton Abbot AC	05:54.5	
1500m – W60	Pat	Gallagher	Yate & Dist AC	05:50.5	
5000m – M45	Nick	Martin	SWVAC	18:02.2	
5000m – M50	Ian	Wright	Cornwall AC	20:00.7	
5000m – M55	Ian	Snow	Torrington AC	18:54.4	
	David	King	SWVAC	19:54.2	
	William	Valentine	Torbay AAC	23:52.8	
5000m – M60	Peter	Hamilton	Blackheath & Bromley	19:23.3	

5000m – M65	Michael	Gilmore	Bideford AAC	24:31.0
5000m – M70	John	Perratt	Exmouth Harriers	22:03.7
	Eric	Barber	Torbay AAC	24:20.6
5000m – W50	Lesley	Wright	Cornwall AC	23:18.3
10000m – M35	Nathan	Kitchen	Cornwall AC	46:43.2
10000m – M50	Andrew	Kennedy	Exmouth Harriers	42:07.4
10000m – M65	Alwyn	Pickard	South Molton Strugglers	45:42.5 CR
10000m – M70	Mick	Allen	Sidmouth R C	50:07.5
1 Hour Track Run	Alwyn	Pickard	South Molton Strugglers	12.913 km
110m Hurdles – M40	Ian	Allen	Exeter Harriers	16.8
110m Hurdles – M45	Neil	Tunstall	Serpentine RC	16.5
	Nicholas	Walker	Severn AC	19.1
100m Hurdles – M50	Clive	Pengelly	Newquay & Par AC	17.0
100m Hurdles – M65	Brian	Loten	Yeovil Olympiads	21.8
400m Hurdles – M35	Neal	Edwards	Royal Navy AC	57.4
400m Hurdles – M45	Neil	Tunstall	Serpentine RC	59.5
400m Hurdles – M50	Colin	Hague	Poole AC	83.5
300m Hurdles – M65	Pete	Clarke	Weymouth St Pauls H & AC	72.2
5000m Walk – M65	David	Hurst	SWVAC	33:18.4

2000m Steeplechase – M55	Andrew Kennedy	Exmouth Harriers	09:54.1	
2000m Steeplechase – M65	Pete Clarke	Weymouth St Paul's Harriers	10:05.4	
Pentathlon – M45	Nicholas Walker	Severn AC	Points 373	
Pentathlon – M65	Pete Clarke	Weymouth St Pauls H & AC	280	
	Brian Loten	Yeovil Olympiads	230	
High Jump– SM	Geoffrey Hill	Exeter Harriers	1.65	
High Jump – M35	Nathan Kitchen	Cornwall AC	1.45	
High Jump – M40	Ian Allen	Exeter Harriers	1.79	CR
	Mark Roach	Poole AC	1.65	
High Jump – M50	Colin Hague	Poole AC	1.45	
High Jump – M65	Pete Clarke	Weymouth St Pauls H & AC	1.15	
High Jump – M75	Peter Morris	SWVAC	1.05	
Long Jump – M40	Ian Allen	Exeter Harriers	6.08	
Long Jump – M45	Paul Guest	Yeovil Olympiads	5.24	
	Charlie Batts	Witney R R	5.02	
Long Jump – M50	Roderick Davies	Team Southampton	4.85	
	Colin Hague	Poole AC	4.47	
Long Jump – M55	Mario Lapka	Exeter Harriers	5.12	
Long Jump – M65	Brian Loten	Yeovil Olympiads	3.84	
Long Jump – M75	Peter Morris	SWVAC	3.23	

Long Jump – W35	Tamzin	Gribble	City of Plymouth AC	3.49	
Long Jump – W60	Daphne	Marler	WSEH AC	2.53	
Long Jump – W85	Mary	Wixey	SWVAC	1.63	
Triple Jump – M45	Charlie	Batts	Witney R R	10.11	
Triple Jump – M50	Duncan	Steward	Yeovil Olympiads	9.57	
Triple Jump – M55	Mario	Lapka	Exeter Harriers	10.49	CR
Triple Jump – M65	Brian	Loten	Yeovil Olympiads	8.35	
	Pete	Clarke	Weymouth St Pauls H & AC	6.67	
	Phil	Rees	Cardiff AAC	6.49	
Triple Jump – W35	Tamzin	Gribble	City of Plymouth AC	9.53	
Triple Jump – W60	Daphne	Marler	WSEH AC	5.81	
Pole Vault – M40	Robert	Murkin	Sutton & District AC	2.50	
Pole Vault – M45	Steve	West	Bristol & West AC	3.45	CR
	Nicholas	Walker	Severn AC	2.50	
Pole Vault – M50	Martin	Davies	Bristol & West AC	2.80	
Pole Vault – M65	Brian	Loten	Yeovil Olympiads	2.10	
Pole Vault – W35	Trudi	Carter	Wimborne AC	3.00	CR
Discus – M35	Maurice	Hicks	Team Southampton	36.18	CR
	Simon	Bennett	Woodford Green	33.08	
	Nathan	Kitchen	Cornwall AC	25.37	
Discus – M40	Jonathan	Milum	Exeter Harriers	36.23	
	Robert	Murkin	Sutton & District AC	22.11	

Discus – M45	Dale	Johns	SWVAC	22.64	
Discus – M50	Clive Duncan	Pengelly Steward	Newquay & Par AC Yeovil Olympiads	30.56 25.40	
Discus – M65	Brian George Phil	Loten Eccles Rees	Yeovil Olympiads Exeter Harriers Cardiff AAC	31.45 30.80 22.27	
Discus – M70	Bill	Legg	SWVAC	29.05	
Discus – W60	Mo	Pearson	SWVAC	24.53	CR
Discus – W85	Mary	Wixey	SWVAC	8.45	
Hammer – M35	Maurice	Hicks	Team Southampton	43.26	
Hammer – M40	Jonathan	Milum	Exeter Harriers	46.02	CR
Hammer – M50	Duncan	Steward	Yeovil	24.08	
Hammer – M60	Anthony	Faulkner	Weymouth St Pauls H & AC	27.26	
Hammer – M65	Pete	Clarke	Weymouth St Pauls H & AC	18.33	
Hammer – W60	Rosemary Daphne	Hutton Marler	Wimborne AC WSEH AC	33.41 15.5	CR
Hammer – W65	Yvonne	Miles	Exeter Harriers	20.16	
Javelin – M35	Simon	Bennett	Woodford Green	59.22	CR
Javelin – M50	Duncan	Steward	Yeovil Olympiads	36.92	
Javelin – M60	Peter	Daw	SWVAC	31.21	

Javelin – M65					
	George	Eccles	Exeter Harriers	33.67	
	Brian	Loten	Yeovil Olympiads	29.86	
Javelin – W55					
	82 Fiona	Argent	Windsor SE&H AC	13.49	
Javelin – W85					
	Mary	Wixey	SWVAC	5.57	
Shot – M35					
	Simon	Bennett	Woodford Green	13.03	CR
	Maurice	Hicks	Team Southampton	11.42	
	Nathan	Kitchen	Cornwall AC	9.07	
Shot – M40					
	Jonathan	Milum	Exeter Harriers	10.69	
Shot – M50					
	Duncan	Steward	Yeovil Olympiads	9.91	
Shot – M65					
	Brian	Loten	Yeovil Olympiads	8.58	
	George	Eccles	Exeter Harriers	7.72	
	Phil	Rees	Cardiff AAC	7.44	
	Pete	Clarke	Weymouth St Pauls H & AC	7.39	
Shot – M70					
	Bill	Legg	SWVAC	10.28	CR
Shot – W35					
	Clare	Frank	Exeter Harriers	6.94	
Shot – W55					
	Fiona	Argent	Windsor SE&H AC	6.73	
Shot – W60					
	Mo	Pearson	SWVAC	9.37	CR
	Rosemary	Hutton	Wimborne AC	5.60	
Shot – W65					
	48 Yvonne	Miles	Bournemouth AC	5.72	
Shot – W85					
	69 Mary	Wixey	SWVAC	3.49	