

**SWVAC Mens XC 2009 M40 –M60 (8 km)**

Sunday 25 January 2009. 11:15 am at Sidmouth

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Age Grading</i>	<i>Race</i>	<i>Race</i>
1	0:30:58	HILL, Graham	Sidmouth Running Club	M43	72.81%	16	1
2	0:31:08	ROSE, Paul	Yeovil Town RRC	M45	73.49%	38	2
3	0:32:50	PANG, Ian		M45	69.69%	20	3
4	0:33:55	BAYER, Malcolm	Sidmouth Running Club	M52	71.26%	24	4
5	0:34:32	FAHEY, Kevin	Bristol & West AC	M47	67.27%	25	5
6	0:35:29	HAYDON, Andrew	SWRR	M43	63.54%	23	6
7	0:35:41	BEER, Clive	Team Bath	M53	68.30%	35	7
8	0:36:07	IRELAND, Nick	Dorchester AC	M43	62.43%	37	8
9	0:36:21	JENNINGS, Jim	Torrington AC	M59	70.66%	21	9
10	0:36:47	SPARKS, Steve	Yeovil Town Road Running	M50	64.64%	19	10
11	0:37:39	PALMER, David	Sidmouth Running Club	M43	59.88%	34	11
12	0:38:07	SMITH, James	South West Vets	M61	68.68%	32	12
13	0:38:18	KAVANAGH, John	South West Road Runners	M45	59.74%	30	13
14	0:38:40	KENNEDY, Andy	Exmouth Harriers	M51	62.00%	41	14
15	0:39:31	KING, David	South West Vets	M55	62.71%	31	15
16	0:41:37	BRACE, Glyn	SWRR	M53	58.56%	22	16
17	0:42:32	RUSSELL, Lee	Exmouth Harriers	M53	57.30%	36	17
18	0:42:51	VALENTINE, Bill	Torbay AC	M59	59.95%	40	18
19	0:43:14	FLOOD, Colin	Sidmouth Running Club	M61	60.55%	33	19
20	0:43:39	CAWThERA, Don	Sidmouth Running Club	M47	53.22%	18	20
21	0:46:14	TIPTON, Shaun	Sidmouth Running Club	M45	49.49%	17	21
22	0:46:15	SMITH, Phill	Sidmouth Running Club	M52	52.26%	29	22
23	0:46:49	PODMORE, John	Sidmouth Running Club	M61	55.92%	27	23
24	0:47:05	GOSLING, Brian	Sidmouth Running Club	M61	55.60%	39	24

**SWVAC XC Ladies and M65+ (6 km)****Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age</i>	<i>Race</i>	<i>Race</i>	
				<i>Age Category</i>	<i>Grading</i>		
1	0:25:44	CLAPP, Daniel	Axe Valley Runners	M15	61.22%	67	1
2	0:25:48	BLAIR, Marilyn	Torrington AC	F49	76.76%	70	2
3	0:26:26	WHITAKER, Lynne	Romsey Road Runners	F50	75.60%	72	3
4	0:27:41	SMITH, Linda	Wells City Harriers	F44	68.45%	69	4
5	0:27:50	BEECH, Jane	Sidmouth Running Club	F42	66.95%	66	5
6	0:27:52	CURTIS, Joanna	Alton Runners	F51	72.39%	79	6
7	0:28:40	SMITH, Carole		F51	70.37%	84	7
8	0:28:51	BARRETTO, Chris	South West Vets	M68	72.36%	62	8
9	0:28:54	DARBY, Anne	Newton Abbot AC	F55	72.56%	73	9
10	0:29:28	COOK, Karen	South West Road Runners	F51	68.46%	64	10
11	0:29:49	GARRICK, Naomi	Sidmouth Running Club	F40	61.46%	82	11
12	0:29:50	ELSTON, Ray	Exmouth Harriers	M69	70.79%	80	12
13	0:30:57	FITZGERALD, Byron	Exeter Harriers	M15	50.90%	81	13
14	0:31:33	PERRATT, John	Exmouth Harriers	M71	68.58%	61	14
15	0:31:53	MARRIOTT, Debbie	Sidmouth Running Club	F43	58.93%	88	15
16	0:33:11	STONE, Tessa	Sidmouth Running Club	F42	56.15%	71	16
17	0:33:57	TURNER, Les	Exmouth Harriers	M65	59.47%	74	17
18	0:34:33	GILMORE, Michael	Bideford AAC	M66	59.09%	83	18
19	0:35:41	PALMER, Helen	Sidmouth Running Club	F43	52.66%	65	19
20	0:35:53	ANSTEY, Mary	South West Vets	F73	72.97%	75	20
21	0:37:09	VINCE, Arthur	Sidmouth Running Club	M68	56.20%	78	21
22	0:40:46	ANSTEY, David	South West Vets	M71	53.07%	76	22
23	0:42:10	FRANKLIN, Kay	Wells City Harriers	F66	56.28%	63	23
24	0:44:35	PANG, Michelle		F44	42.50%	86	24
25	0:52:42	VINCE, Christine	Sidmouth Running Club	F55	39.79%	77	25
26	1:02:00	MOORE, Harry	Axe Valley Runners	M76	37.33%	87	26

There were 26 finishers in the All Competitors category.