

SOUTH WEST VETS AC TRACK & FIELD CHAMPIONSHIP RECORDS

Last updated 21 June 2013

HAMMER

M40	47.19	Matthew Spicer	2013
M45	49.30	Jon Milum	2011
M50	45.80	Michael Small	2007
M55	35.88	Michael Small	2012
M60	33.95	Murray Grant	2001
M65	29.38	Anthony Faulkner	2013
M70	26.67	Leslie Parker	1998
M75	26.14	Bernard Metcalfe	1992
M80	9.78	Roger Spikes	1999
W35	29.84	Catarina Hallden	2005
W40	27.50	Barbara Terry	1987
W45	32.80	P McNab	1989
W50	36.70	Gillian Hoskins	2000
W55	38.46	Gillian Hoskins	2003
W60	33.41	Rosemarie Hutton	2009
W65	29.80	Val Bovell	2012