

# SOUTH WEST VETS AC TRACK & FIELD CHAMPIONSHIP RECORDS

Last updated 20 June 2013

## 400 m

M35	53.12	Matthew Muggeridge	2012
M40	51.9	Alan Clark	1992
M45	53.7	Steve Lang	2002
M50	55.1	Bob Minting	2000
M55	57.54	Ray Watkins	2011
M60	58.6	Bob Minting	2010
M65	66.3	Lyndsey Fairbrother	2006
M70	76.1	William Davies	2001
M75	81.4	Ronald Atherton	2001
W35	59.7	Jan Ellacott	1996
W40	62.9	Jackie Walpole	1994
W45	64.2	Barbara Lock	2004
W50	66.1	Barbara Lock	2005
W55	62.20	Caroline Powell	2013
W60	115.9	Jenny Kelson	1992
W70	99.1	Jose Waller	1995
W75	108.7	Jose Waller	1997
W80	148.4	Jose Waller	2002

Note: Two decimal places indicates  
electronic timing