

# **SOUTH WEST VETS AC**

## **TRACK & FIELD CHAMPIONSHIP RECORDS**

Last updated 20 June 2013

### **10000 m**

<b>M40</b>	<b>33:20.2</b>	<b>Gareth Jones</b>	<b>1990</b>
<b>M45</b>	<b>35:37.6</b>	<b>Nick Martin</b>	<b>2007</b>
<b>M50</b>	<b>35:36.3</b>	<b>Ron Jeans</b>	<b>1990</b>
<b>M55</b>	<b>36:26.6</b>	<b>John Shapland</b>	<b>2011</b>
<b>M60</b>	<b>42:49.89</b>	<b>Dave Phillips</b>	<b>2013</b>
<b>M65</b>	<b>42:44.5</b>	<b>John Perratt</b>	<b>2005</b>
<b>M70</b>	<b>47:12.3</b>	<b>Eric Barber</b>	<b>2008</b>
<b>M75</b>	<b>47:40.98</b>	<b>Tony Berry</b>	<b>2013</b>
<b>W35</b>	<b>35:52.1</b>	<b>Zina Marchant</b>	<b>1990</b>
<b>W45</b>	<b>57:04.0</b>	<b>Susan Mottershead</b>	<b>2007</b>
<b>W50</b>	<b>42:27.00</b>	<b>Angie Sadler</b>	<b>2013</b>
<b>W55</b>	<b>45:28.0</b>	<b>Zina Marchant</b>	<b>2006</b>

NOTE: 2 Decimal places indicate electronic timing