

# SOUTH WEST VETS AC

## 5K ROAD RECORDS

Last updated 23 March 2013

<b>Championship Records</b>				
M35	Jonathan Coles	17.18	Yeovilton	2006
M40	Julian Emery	15.57	Barton St David	2009
M45	Jeremy Hogan	17.06	Yeovilton	2006
M50	Kevin Sparey	17.25	Yeovilton	2007
M55	Leslie Lock	17.09	Yeovilton	2007
M60	Roger Rowe	18.33	Yeovilton	2006
M65	John Perratt	20.20	Yeovilton	2006
M70	John Perratt	20.16	Yeovilton	2007
M75	John Goulding	24.48	Poole	2011
W35	Alison Barnes	17.15	Yeovilton	2007
W40	Revis Crowle	18.16	Plymouth	2003
W45	Angie Sadler	19.05	Yeovilton	2006
W50	Anne Luke	18.53	Yeovilton	2007
W55	Zina Marchant	21.39	Yeovilton	2006
W60	Joan Royal	21.22	Poole	1999
W65				2003
W70	Mary Anstey	25.15	Yeovilton	2007

<b>Club Records</b>				
M35	Jonathan Coles	17.18	Yeovilton	2006
M40	Andy Morgan-Lee	15.25	Portsmouth	2011
M45	Jonathan James	15.24	Yeovilton	2009
M50	Mike O'Doherty	15.49	Armagh	2011
M55	Leslie Lock	17.09	Yeovilton	2007
M60	Peter Molloy	17.47	Bitton	2012
M65	Peter Young	18.54	Portsmouth	2012
M70	John Perratt	20.15	Horwich	2007
M75	John Goulding	24.48	Poole	2011
W35	Alison Barnes	17.15	Yeovilton	2007
W40	Revis Crowle	18.16	Plymouth	2003
W45	Angie Sadler	19.05	Yeovilton	2006
W50	Anne Luke	18.30	Plymouth	2008
W55	Karen Cook	19.42	Exeter	2012
W60	Joan Royal	21.22	Poole	1999
W65	Joan Royal	21.38	Poole	2003
W70	Mary Anstey	25.15	Yeovilton	2007