

SOUTH WEST VETS AC

10 k ROAD RECORDS

Last updated 20 February 2013

Championship Records				
M35	John Porter	33.58	Exmouth	2011
M40	Mark Hargreaves	31.54	Poole	2002
M45	Ahmed Amraoui	32.35	Langport	1998
M50	Mick O'Doherty	34.09	Exmouth	2011
M55	Gareth Jones	35.38	Poole	2002
M60	Peter Young	37.48	Portland	2008
M65	Gordon Wiltshire	40.49	Poole	2002
M70	William Davies	43.23	Calne	2000
M75	John Goulding	50.37	Exmouth	2011
M80	Bruce Davidson	64.38	Poole	2002
W35	Zina D Marchant	34.28	Poole	1990
W40	Emma Stepto	36.02	Exmouth	2011
W45	Zina Marchant	37.20	Langport	1997
W50	Anne Luke	37.44	Exmouth	2011
W55	Zina Marchant	42.49	Portland	2009
W60	Mary Anstey	44.35	Langport	1997
W65	Jean Palmer	52.35	Poole	2002
W70	Jose Waller	53.23	South Molton	1995
W75	Grace Bulger	69.55	Langport	1997

Club Records				
M35	John Porter	33.58	Exmouth	2011
M40	Andy Morgan-Lee	31.50	Eastleigh	2010
M45	Ahmed Amraoui	32.35	Langport	1998
M50	Mick O'Doherty	33.23	Bristol	2011
M55	John Shapland	34.41	Langport	2009
M60	Peter Molloy	36.16	Swindon	2012
M65	Malcolm Renyard	38.36	Eastleigh	2011
M70	John Perratt	42.45	Newtown, Powys	2007
M75	Tony Berry	44.46	St. Ives	2012
M80	Bruce Davidson	64.38	Poole	2002
M85	Bruce Davidson	78.07	Portland	2008
M90	Bruce Davidson	102.10	Everton	2012
W35	Zina Marchant	34.28	Poole	1990
W40	Emma Stepto (Stallard)	35.46	Bristol	2011
W45	Cathy Newman	36.49	Bideford	2008
W50	Jo Thompson	36.48	Cardiff	2012
W55	Anne Luke	37.43	Taunton	2012
W60	Jenny Mills	41.44	Langport	2009
W65	Mary Anstey	50.46	Motherwell	2005
W70	Jose Waller	53.23	South Molton	1995
W75	Grace Bulger	69.55	Langport	1997