

27th Track & Field Championships
 Exeter Arena, Summer Lane,
 Exeter, EX4 8NT
 Sunday 16 June 2013



ENTRY FORM

Surname..... First Name.....
 Address.....
Post Code.....
 Date of Birth..... Gender M/F Age (on 16.6.13).....
 Telephone No.....E mail.....
 First Claim UKA Club..... Licence No.....

Please tick the events entered

100m	<input type="checkbox"/>	Sprint Hurdles	<input type="checkbox"/>	Triple Jump	<input type="checkbox"/>
200m	<input type="checkbox"/>	Long Hurdles	<input type="checkbox"/>	Pole Vault	<input type="checkbox"/>
400m	<input type="checkbox"/>	Steeplechase	<input type="checkbox"/>	Discus	<input type="checkbox"/>
800m	<input type="checkbox"/>	3000m Run	<input type="checkbox"/>	Walk	<input type="checkbox"/>
		5000m Run	<input type="checkbox"/>	Walk	<input type="checkbox"/>
High Jump	<input type="checkbox"/>	Long Jump	<input type="checkbox"/>	Shot	<input type="checkbox"/>
		One Hour Track Run (including 10 000m)	<input type="checkbox"/>	Pentathlon	<input type="checkbox"/>

Entry fee: 1st Event £8, subsequent events £2; Pentathlon £12. Unattached add £2.

I enclose a cheque for £.....being the event entry fees as above including,
 if applicable, my 2013 Club Subscription which is due on 1 April.

Cheques payable to "SWVAC" to be sent to K Ballam, 7 Sandford Court, 32 Belle
 Vue Road Bournemouth BH6 2DR with an SAE for confirmation and Number.

Signature..... **Date**.....

**TRACK & FIELD
 CHAMPIONSHIPS
 PROVISIONAL
 TIMETABLE**

TRACK

Time	Event
10.30	One Hour Track/10000m
11.45	Sprint Hurdle Inc. Pentathlon Women
12.15	3000m Steeplechase 2000m Steeplechase Including Men 60+
12.45	5000m (Run and Walk)
13.30	200m Including Pentathlon Men
14.00	Long Hurdles
14.30	800m (M&W but not Women Pentathlon)
15.00	100m
15.30	3000m (Run and Walk)
16.00	400m
16.25	800m Women Pentathlon
16.30	1500m Including Pentathlon Men



FIELD

Time	Event
10.15	Pole Vault
10.30	Long Jump Inc. Pentathlon Men and Women
11.30	Javelin Including Pentathlon Men
12.30	Discus Including Pentathlon Men
13.30	High Jump Including Pentathlon Women
14.30	Shot Put Including Pentathlon Women
15.30	Hammer
16.00	Triple Jump

Please Note: Whilst every effort will be made to keep to this timetable your co-
 operation is request by reporting for your event 10 minutes before it is due.
Pentathletes should identify themselves to officials at events so that priority
 may be given to them in order to maximise intervals between their events.
5000/3000m Both of these events will include walkers as well as runners.